



Thursday, December 22, 2022

## Des Moines Alumnae Chapter

### HELEN LEMME SCHOLARSHIP APPLICATION

### ATTENTION: AFRICAN AMERICAN STUDENTS

If you are a high school graduating senior and live in the toll-free calling area of Des Moines and Boone, Iowa, you are eligible to apply for this scholarship. To be considered, you **MUST** do all of the following:

1. Have a minimum cumulative GPA of 2.5
2. Submit an application online or print the application and submit a typed application via the U.S. postal service.
3. Submit two (2) letters of reference from individuals who are not relatives.  
At least one letter of reference must be from a current or former teacher.  
Letters should include specifics on the student's academic performance, how they adapt socially and their overall attitude about school and their future
4. Submit an **OFFICIAL** copy of your high school transcript from the registrar.
5. Copies **WILL NOT** be accepted if they state "Issued to the student." The transcript should identify your African American or Black heritage.
6. Submit a typed one page essay discussing your future plans and why you feel you deserve the Helen Lemme Scholarship. The essay should be 1 page. Essays should be typed using Times New Roman, 12-point font, and double spaced.
7. Submit a recent photograph along with the consent to publish.
8. Participate in a ZOOM interview.

If you submit your application via mail, you can mail your essay, transcript, and letters of reference to the address listed below.

You will receive a confirmation email once all parts of your application are received.

**Des Moines Alumnae Chapter**  
**Scholarship Committee Attn: Maria J. Barnes**  
P.O. Box 4706  
Des Moines, IA 50305

**The application packet must be submitted online or postmarked on or before April 15, 2022**

For additional information, contact Maria J. Barnes at [dsmdstscholarships@gmail.com](mailto:dsmdstscholarships@gmail.com)

**Only High School SENIORS Are Eligible**

### Student Information

<b>Student Name</b>	Malak Mansour
<b>Student Address</b>	5027 Hawthorne Drive , APT H West Des Moines, Iowa, 50265
<b>Student Phone Number</b>	(215) 791-4031
<b>Student Email</b>	malak.mansour.0405@gmail.com

### Application Materials

# Essay

The essay should be 1 page explaining your future plans and why you deserve the Helen Lemme Scholarship. Essays should be typed using Times New Roman, 12-point font and double spaced

## Essay Upload



Helen Lemme Scholarship.pdf

## School and Community Involvement (Please list and describe. You may also attach a resume or additional word document/.PDF)

In high school, I was involved in soccer. I played for the school team during my junior and senior years. I was a midfielder and a forward. I have been playing soccer since I was a young girl. Soccer was never just a sport for me, it was a way that my friends and I would get together and do something that we enjoyed. Through playing soccer I have made a lot of friends, which is a very important part of social development. I also found a place where I can belong, and build self-esteem and confidence. Building friendships isn't the only thing I got out of playing soccer. I have built valuable life skills such as hard work, fast decision-making, problem-solving, and communication. I have also learned how to resolve conflicts amicably and to work in a team setting. Soccer has given me a lot and I will never give up on it. It is a part of who I am, and I will continue to play it no matter where I am in my soccer career. I will continue to be a role model for young girls, and I will help them develop the love for the game that I have. I have also been given a lot of confidence-building skills such as being able to communicate clearly and being able to express my feelings. Most importantly, soccer has taught me that I can achieve anything I put my mind to. I have become an all-around better person because of soccer, and I know that I can accomplish anything I set my mind to.

Volunteering and helping out my community has been something that I have found myself in wherever I was. I was born and raised in Egypt and started my community involvement there. My friends and I went to nonprofit organizations including Resala Charity Organization in Cairo. Moving to the United States didn't stop my charity work. I have been volunteering at Meals from the Heartland ever since I was in elementary school. I help meet the needs of the community by volunteering my time and energy to pack meals to help feed starving children in Iowa, the USA, and all over the world. Furthermore, I provided assistance with a feeling of happiness and I felt satisfied with myself. This increased my confidence and my ability to be useful and productive. Volunteering required interaction and communication with others, which gave me a chance to meet and get to know new people. I felt like I was a better person when I gave up my time and energy to help a need in my community.

## Resume or Additional Document(s) for School and Community Involvement



Resume.pdf

## Official High School Transcript



report.pdf

I believe I should be awarded this scholarship because I have worked really hard through my four years of high school. I have mentioned a 4.0 GPA and have been awarded the Academic Award at my high school for showing Academic Excellence. Going to college is very important to me, my family, and most importantly my future. It has been my dream since I was a little girl to study engineering because my grandfather was a petroleum engineer, and he has always been my role model. By being awarded this scholarship, I will be one step closer to my dream to study software engineering at Iowa State University.

My preliminary goal for the future and to graduate high school in the Spring. Then attend Iowa State University in the Fall. I also want an internship at Apple, Microsoft, or Google. I want to graduate in 2027 with a bachelor's and get a master's. Not only that, but I want to work at a big tech company. My biggest goal is to provide for my mom and family and pay them back for everything that they have done and sacrificed for me.

Iowa State University can help me achieve my goals by providing me with the aid and education to get a bachelor's and prepare me for the future and workforce. I will also learn many things at Iowa State and use those things in my future life.

I hope to join many clubs and be involved at Iowa State University. Likewise, I would like to join the Program for Women in Science and Engineering at ISU. Furthermore, I would also like to join other engineering-related clubs to improve my understanding and knowledge of the field I will be studying. I would like to continue my volunteer and charity work. Finally, I hope I bring important skills to the table to help me succeed at ISU.

# Malak Mansour

5027 Hawthorne Dr  
H,  
West Des Moines,  
IA 50265

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## Summary

1. Knowledgeable Student talented at learning quickly and adding value to any team. Strong history of successful projects using leadership, communication, and teamwork to complete tasks. Solid academic achievement paired with demonstrated commitment and integrity.

## Work Experience

### Jun 2022 - Aug 2022 **Cashier**

772 E Johnson Hwy, Norristown, PA 19401  
Primo Pizza  
Grade 12  
15 Hrs/Week  
Total Hours: 114

## Education

### Aug 2020 - Present **Valley High School**

3650 Woodland Ave, West Des Moines, IA 50266  
Grade 10,11,12

### Aug 2019 - Jun 2020 **Valley Southwoods Freshman High School**

625 S 35th St, West Des Moines, IA 50265  
Grade 9

## Volunteer Service

### Sep 2022 - Nov 2022 **Pacakge food**

357 Lincoln St, West Des Moines, IA 50265  
Meals from the Heartland  
Grade 12  
2 Hrs/Week  
Total Hours: 12

## *Extracurricular Activities*

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**Mar 2021 - Present**    **Soccer**  
Grade 11, 12  
10 Hrs/Week  
Total Hours: 30

## *Awards*

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**Oct 2019**            **Academic Award**  
Grade 9, 10, 11, 12

## *Skills/Academic Achievement*

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**Apr 2022**            **Arabic**  
Grade 11  
Skill Level: advanced

**Apr 2022**            **Seal of Biliteracy**  
Grade 11  
Skill Level: advanced

**Aug 2019**            **4.0 GPA**  
Grade 9, 10, 11, 12  
Skill Level: none

**Aug 2019**            **French**  
Grade 9, 10, 11, 12  
Skill Level: intermediate

**Aug 2016**            **English**  
Grade 6, 7, 8, 9, 10, 11, 12  
Skill Level: advanced

Student Information			
<b>Student Name:</b>	Mansour, Malak Mohamed Ahmed		
<b>Student Number:</b>	48525	<b>Grade:</b>	12
<b>Birthdate:</b>	04/04/2005	<b>Gender:</b>	F
<b>Diploma Date:</b>			
GPA Summary			
<b>Cumulative GPA (Weighted)</b>	4.0000		
<b>Cumulative GPA (Unweighted)</b>	4.0000		
Attendance			
<b>School Year</b>	<b>Calendar</b>	<b>School Days</b>	<b>Member Days</b>
20-21	20-21 VA	170	170
21-22	21-22 VA	177	177
22-23	22-23 VA	176	176
<b>Total: 3</b>		<b>523</b>	<b>523</b>
		<b>4.98</b>	<b>0</b>
<b>Absent Days</b>			
<b>Tardy Days</b>			
Enrollment Summary			
<b>Start/End Date</b>	<b>Grade</b>	<b>School</b>	
08/23/2017-06/01/2018	07	Stilwell Junior High School	
08/23/2018-05/31/2019	08	Stilwell Junior High School	
08/23/2019-05/29/2020	09	Valley Southwoods Freshman High School	
08/27/2020-06/02/2021	10	Valley High School	
08/25/2021-06/03/2022	11	Valley High School	
07/01/2022-	12	Valley High School	
#0127 Valley Southwoods Freshman High School			
<b>Course</b>	<b>Mark</b>	<b>Weight</b>	<b>Credit</b>
2019-2020 Grade 09 Term 1			
PHY111 9th Grade PE	A	0.5000	0.5
MTH121 Algebra B	A	1.0000	1
BUS109 Foundations of Business	A	1.0000	1
FRL101 French I	A	1.0000	1
SOC101 Geographic Cultural Studies	A	1.0000	1
ENG101 Language and Literature	A	1.0000	1
SCI101 Physical Science	A	1.0000	1
ENG107 Speech Communications	A	1.0000	1
<b>Credit: 7.500</b>	<b>GPA: 4.0000</b>	<b>U/W GPA: 4.0000</b>	
2019-2020 Grade 09 Term 2			
PHY112 9th Grade PE	A	0.5000	0.5
MTH122 Algebra B	A	1.0000	1
FRL102 French I	A	1.0000	1
SOC102 Geographic Cultural Studies	A	1.0000	1
ENG102 Language and Literature	A	1.0000	1
SCI102 Physical Science	A	1.0000	1
ENG106 Theatrics	A	1.0000	1
<b>Credit: 6.500</b>	<b>GPA: 4.0000</b>	<b>U/W GPA: 4.0000</b>	
#			
<b>Course</b>	<b>Mark</b>	<b>Weight</b>	<b>Credit</b>
2020-2021 Grade 10 Term 1			
PHY203 CPR	P	0.0000	0
<b>Credit: .000</b>	<b>GPA: 0.0000</b>	<b>U/W GPA: 0.0000</b>	

#0109 Valley High School			
<b>Course</b>	<b>Mark</b>	<b>Weight</b>	<b>Credit</b>
2020-2021 Grade 10 Term 1			
PHY201 10-12 Grade Physical Education	A	0.5000	0.5
SCI211 Biology B	A	1.0000	1
FRL201 French II	A	1.0000	1
ENG213 Fundamentals of Writing	A	1.0000	1
MTH221 Geometry B	A	1.0000	1
FAM305 Interior Design	A	1.0000	1
SOC305 Psychology	A	1.0000	1
<b>Credit: 6.500</b>	<b>GPA: 4.0000</b>	<b>U/W GPA: 4.0000</b>	
2020-2021 Grade 10 Term 2			
PHY202 10-12 Grade Phys Ed	A	0.5000	0.5
SCI212 Biology B	A	1.0000	1
PHY203 CPR	P	0.0000	0
ENG204 Drama I: Acting	A	1.0000	1
ENG304 Dramatic Literature	A	1.0000	1
FRL202 French II	A	1.0000	1
MTH222 Geometry B	A	1.0000	1
MIS302 Health	A	1.0000	1
<b>Credit: 6.500</b>	<b>GPA: 4.0000</b>	<b>U/W GPA: 4.0000</b>	
2021-2022 Grade 11 Term 1			
PHY201 10-12 Grade Phys Ed	A	1.0000	1
MTH321 Algebra II - Trig B	A	1.0000	1
SCI307 Chemistry B	A	1.0000	1
FRL301 French III	A	1.0000	1
ENG343 Self, Society, and Literature	A	1.0000	1
SOC201 Sociology	A	1.0000	1
SOC301 US History	A	1.0000	1
<b>Credit: 7.000</b>	<b>GPA: 4.0000</b>	<b>U/W GPA: 4.0000</b>	
2021-2022 Grade 11 Term 2			
ENG202 Advanced Speech Communications	A	1.0000	1
MTH322 Algebra II - Trig B	A	1.0000	1
SCI308 Chemistry B	A	1.0000	1
FRL302 French III	A	1.0000	1
BUS102 Introduction to Business	A	1.0000	1
SOC302 US History	A	1.0000	1
<b>Credit: 6.000</b>	<b>GPA: 4.0000</b>	<b>U/W GPA: 4.0000</b>	
Activity Courses			
<b>18-19 ST</b>			
ATHGBL Girl's Basketball			Winter Athletics
ATHGTR Girl's Track			Spring Athletics
ATHVLY Volleyball			Fall Athletics
<b>19-20 VS</b>			
ACTADV Advisory			All Year
ATHGSC Girl's Soccer			Spring Athletics
<b>21-22 VA</b>			
ACDAWD Academic Award			Award
ACTCTW Counselor - Mr. Wieland			All Year
ATHGSC Girl's Soccer			Spring Athletics
<b>22-23 VA</b>			
ACDAWD Academic Award			Award
ENC-ASP Assessment Prep			All Year
ACTCTW Counselor - Mr. Wieland			All Year
Credit Summary			

Credit Summary		
<b>High School</b>	<b>Attempted</b>	<b>Earned</b>
Freshman PE	1.000	1.000
Fundamentals of Writing	1.000	1.000
General Electives	10.000	10.000
General Science	2.000	2.000
Language and Literature	2.000	2.000
Language Arts Elective	2.000	2.000
Literature Elective	1.000	1.000
Math Electives	6.000	6.000
Other PE	0.000	0.000
Physical Education	2.000	2.000
Science Electives	4.000	4.000
Social Studies Electives	4.000	4.000
Speech	3.000	3.000
US History	2.000	2.000
<b>Total</b>	<b>40.000</b>	<b>40.000</b>
<b>Total Credits</b>	<b>40.000</b>	<b>40.000</b>
Comments		
***** UNOFFICIAL	COPY	
***** UNOFFICIAL	COPY	
***** UNOFFICIAL	COPY	
***** UNOFFICIAL	COPY	
* = Course with weighted grade		

## Current Photograph



## School/Financial Information

### College Plans

Indicate choice of higher education/training

University or College (four year)

Name of institution(s) to which you are applying, applied or are attending.

List no more than three (3) in priority order

Name	Tuition Cost	Room & Board Cost	Miscellaneous Expenses	Acceptance
Iowa State University	10,000	21,000	2,000	I have been accepted by the school

Name of other financial assistance for which you have made application

Family Financial Assistance:

Did you complete the Family Financial Assistance Form? (i.e. FAFSA form)

Yes

How much are you expected to pay toward your college expenses?

2952

How much are your parents/guardians, if applicable, expected to pay?

2952

Other Scholarships and Grants: (List all those for which you have applied. Upload additional document if necessary)

Scholarship/Grant (List Iowa tuition and grants. i.e. Pell or other scholarships)	Requested Amount	Awarded Amount	What does it cover? (i.e. tuition, room & board, other)	Have you been notified that amount was awarded
				yes


Employment Opportunities - Do you plan to seek employment to help finance your education? Please explain.

Yes, I plan to do a work-study at Iowa State University to help pay for my tuition.


## References

**Please list names and addresses of two (2) references**  
*One must be a current or former teacher (not related)*

### Reference #1 - Current or Past Teacher

Reference #1 Name: Beth Ferguson  
Reference #1 Relationship to Applicant: Algebra II Trig B Teacher  
Reference #1 Address: 3650 Woodland Ave  
West Des Moines, Iowa, 50266  
Reference #1 Phone Number: (515) 633-4103  
Reference #1 Email Address: fergusonb@wdmcs.org  
Reference #1 Recommendation Letter (must be signed with actual signature, no font signatures):  Malak Mansour-recommenda....pdf

### Reference #2 - Employer, Mentor, Pastor, Family Friend, Teacher

Reference #2 Name: Kathy McGrane  
Reference #2 Address: 3650 Woodland Ave  
West Des Moines, Iowa, 50266  
Reference #2 Phone Number: (515) 633-4000  
Reference #2 Email Address: mcgranek@wdmcs.org  
Reference #2 Recommendation Letter (must be signed with actual signature, no font signatures):  Malak M scholarship signed.pdf





## West Des Moines Valley High School

Beth Ferguson

Math Teacher  
3650 Woodland Ave  
515- 633-4103

Head Competition Cheerleading Coach  
West Des Moines, IA 50266  
fergusonb@wdmcs.org

Re: Malak Mansour

Date: November 9<sup>th</sup>, 2022

To Whom It May Concern:

I have known Malak Mansour for one and a half years in my capacity as a Math Teacher at Valley High School in West Des Moines, Iowa. I taught Malak her junior year in Algebra II Trigonometry B. Malak is a top tier student and person and will be extremely successful in college and in a future career.

Malak's academic performance is impressive. She takes difficult and challenging courses and achieves a grade of A in all of them. Malak pushed herself to be in a higher level Algebra II than required and take a class that is hard for most students. When I taught Malak in Algebra II Trigonometry B she worked to be the best, earning a 99.34% first semester and a 99.65% second semester. She worked tirelessly to get the highest grade she could in the class and never settled for less. She put extra time in for the class, often coming in before school and during Encore for help. Her academic character is outstanding and stands out among her peers. She cares deeply that she understands the content inside and out and that all of the work put in is her own. Malak's progress through class curriculum is strong and consistent. She keeps up with the content and makes sure she is confident with it before she comes to class. These qualities will guide her to success as she moves on to college courses.

It didn't happen often during Algebra II Trigonometry B but there were a few times that Malak faced challenges with the content. When presented with a challenge, she confronted it head on. She put a plan in place to overcome the challenge and carried out her plan precisely. When Malak had trouble with the math we were learning, she would come in for extra help and ask for extra work to make sure she truly understood everything. Malak's academic engagement is in the top 1% of all the students I have taught in my 18 years of teaching. Her academics and learning are extremely important to her. She will do everything necessary to reach high academic achievement. I know this will serve her well as she continues to college and beyond.

I highly recommend Malak Mansour. I would be happy to provide more information on her. Please contact me if necessary.

Sincerely,

A handwritten signature in black ink that reads "Beth Ferguson".

Beth Ferguson



3650 Woodland Avenue • West Des Moines, IA 50266  
515-633-4000 • [www.wdmcs.org/schools/valley/](http://www.wdmcs.org/schools/valley/)

To Whom It May Concern:

**I wish to recommend Malak Mansour for scholarship opportunities.** Malak was a student in my Chemistry B class during the 2021-22 school year. Malak was inquisitive, conscientious, and goal-oriented. She had a strong work ethic and held herself accountable for her learning and development. Having worked closely with Malak, I can attest to her character and intrinsic motivation to succeed. I enthusiastically recommend Malak for a scholarship.

Malak was a strong student in my Chemistry B class, which is the higher level of our first-year high school science course. Malak was an analytical thinker and problem-solver. She exhibited excellent study skills and demonstrated responsible behavior in class. Malak was a joy to have in class. She completed the requirements of the course to the best of her ability and her work was excellent in its attention to detail and accuracy. Malak was the student who instructors appreciate and rely upon to provide feedback about instruction. She was attentive, conscientious, and diligent. She made eye contact and nodded in response to class discussions as we moved through the content. Malak's patient and calm demeanor made her a good lab partner who cooperated with different types of classmates. She was also curious and willing to learn about new topics.

Malak plays soccer for Valley and has earned an academic award each year of high school. She also holds a part-time job where she works approximately 15 hours per week. She volunteered with Meal from Heartland to package food that will be distributed to people around the world.

Malak will be a strong and motivated student in college. She has a positive attitude, is patient, and strives to make a difference. **I enthusiastically recommend Malak Mansour for scholarship opportunities.**

Sincerely,

Kathy McGrane, M.Ed., NBCT  
AP Chemistry Instructor, Valley High School  
Concurrent Enrollment Instructor, DMACC  
West Des Moines, IA 50266  
[mcgranek@wdmcs.org](mailto:mcgranek@wdmcs.org)  
515-633-4293

# Parent/Guardian Information

## First Parent/Guardian Information

**Parent/Guardian Name** Dina Youssef

**Parent/Guardian Address** 5027 Hawthorne Drive , APT H  
West Des Moines, Iowa, 50265

**Parent/Guardian Occupation**  
Daycare Teacher

**Total Annual Household Income (including SSI, Military Benefits, FiP, Retirement, Pension, Child Support)** 25,100

## Second Parent/Guardian Information (if applicable)

**Number of other dependents in the home** Children: 1 Adults: 1

**Number of other family members in the home that attend college** 1

**Relationship to Applicant** Mother

**Education History (list last school attended)**

School	Grade Point Average	Location	Dates Attended	ACT Score	SAT Score
Valley High School	4.00	West Des Moines	2020,2021, 2022,2023	22	

\* Income must be included for application to be considered

Information in this application is confidential and shared only with members of the Scholarship Committee.

# Application Check-List

Completed applications must be submitted online or postmarked by March 22, 2021.

Contact Maria J. Barnes at [dsmdstscholarships@gmail.com](mailto:dsmdstscholarships@gmail.com). If you have not received a confirmation email one (1) week after submitting your complete application.

**Application Check-list**

Current High School Senior

Completed, signed and dated application. The application must be typed if printed and mailed

Essay

1 Reference letter from current or past teacher

1 Reference letter from employer, mentor, pastor, family friend, teacher (cannot be related)

Official High School Transcript

Current photograph

Consent to have photograph published on Des Moines Alumnae website

## **NOTE: Incomplete applications will not be reviewed.**

**By signing and dating below:**

I certify that the information provided in this application is true, complete and accurate

I certify that I am a graduating senior

I certify that I am African-American

I certify that all statements and essays submitted are my own work

I consent to having my photograph published on the Des Moines Alumnae website

**Applicants Signature (sign using your finger or mouse)** 

**Date**

Thursday, December 22, 2022

**Thank you for your interest in Delta Sigma Theta Sorority's Helen Lemme Scholarship**