



Monday, March 27, 2023

## Des Moines Alumnae Chapter

### HELEN LEMME SCHOLARSHIP APPLICATION

### ATTENTION: AFRICAN AMERICAN STUDENTS

If you are a high school graduating senior and live in the toll-free calling area of Des Moines and Boone, Iowa, you are eligible to apply for this scholarship. To be considered, you **MUST** do all of the following:

1. Have a minimum cumulative GPA of 2.5
2. Submit an application online or print the application and submit a typed application via the U.S. postal service.
3. Submit two (2) letters of reference from individuals who are not relatives.  
At least one letter of reference must be from a current or former teacher.  
Letters should include specifics on the student's academic performance, how they adapt socially and their overall attitude about school and their future
4. Submit an **OFFICIAL** copy of your high school transcript from the registrar.
5. Copies **WILL NOT** be accepted if they state "Issued to the student." The transcript should identify your African American or Black heritage.
6. Submit a typed one page essay discussing your future plans and why you feel you deserve the Helen Lemme Scholarship. The essay should be 1 page. Essays should be typed using Times New Roman, 12-point font, and double spaced.
7. Submit a recent photograph along with the consent to publish.
8. Participate in a ZOOM interview.

If you submit your application via mail, you can mail your essay, transcript, and letters of reference to the address listed below.

You will receive a confirmation email once all parts of your application are received.

Des Moines Alumnae Chapter  
Scholarship Committee Attn: Maria J. Barnes  
P.O. Box 4706  
Des Moines, IA 50305

**The application packet must be submitted online or postmarked on or before April 15, 2022**

For additional information, contact Maria J. Barnes at [dsmdstscholarships@gmail.com](mailto:dsmdstscholarships@gmail.com)

**Only High School SENIORS Are Eligible**

### Student Information

Student Name	maymouna Azraq
Student Address	1323 57th St Des Moines, Iowa, 50311
Student Phone Number	(515) 718-2679
Student Email	mimiazraq@icloud.com

### Application Materials

# Essay

The essay should be 1 page explaining your future plans and why you deserve the Helen Lemme Scholarship. Essays should be typed using Times New Roman, 12-point font and double spaced

## Essay Upload



Helen Lemme Scholarship.docx

## Resume or Additional Document(s) for School and Community Involvement



### Skills

Multitasking Skills

Honesty and Integrity

Patient Advocacy

Motivated Attitude

Excellent Work Ethic

Teamwork Skills

Patient Care

Medical Records

Senior Care

Dementia Care

### Languages

Arabic

English

### Employment History

cna, luther park, Des Moines

April 2022 – August 2022

- Grooming patients by brushing their hair, teeth, shaving them, etc.
- Feeding patients and documenting their food and liquid intake
- Checking vital signs such as blood pressure and heart rate
- Answering patient calls
- Documenting information
- Turning or moving patients
- Bathing patients

team member, McDonalds, Des Moines

May 2019 – November 2021

Cleaned the dishes, mopped the floor, cooked, fried, took orders, and did cashier.

### Education

cna, dmacc, Des Moines

August 2021 – May 2022

### Courses

cna, dmacc

April 2021 – May 2022



program.pdf

## Official High School Transcript



transcrip.pdf

## Helen Lemme Scholarship

As a young woman who has overcome significant challenges, I believe that I am an ideal candidate for the Helen Lemme Scholarship. My name is Maymouna Azraq, but everyone calls me Mimi. I was born in Sudan and spent most of my childhood in Libya until the civil war broke out. Unfortunately, I had to flee to Tunisia and spent several years living in a refugee camp before finally being granted refugee status in America. While my journey to the United States was fraught with challenges, I am grateful for the opportunities that I have had since arriving in this country. As an immigrant, I have faced a number of challenges that have tested my strength and perseverance. When I first arrived in America, I struggled to adapt to the new culture and the cold climate of Iowa. However, I was determined to make the most of my new life and to take advantage of the opportunities that were available to me. Despite the many obstacles that I have faced, I have remained committed to my goals and aspirations.

One of my primary goals is to become a dentist. As a first-generation college student, I have always felt a strong sense of responsibility to pursue a career that will make my family proud. I plan on attending Drake University and majoring in a science field, most likely biology, to give myself a solid foundation for my future studies. My goal is to complete my bachelor's degree in four years and then apply to dental school. I understand that getting into dental school is highly competitive, but I am willing to work hard and do what it takes to make my dream a reality. If dental school doesn't work out, I have a backup plan. I am also interested in perfusionist school, where I would learn how to operate the heart-lung machine during surgery. This is another field that requires a strong background in science, which is why I believe my major in biology will

serve me well in either career path. Ultimately, I am excited to see where my education takes me and I am determined to make a positive impact on my community through my future career.

While I am passionate about dentistry and perfusionism, there is another issue that is even closer to my heart: female genital mutilation (FGM). One summer, at the age of ten, my family chose to go to Sudan for vacation. When we went to visit my grandfather's house, My grandmother told me to lie on her lap after changing into the dress, which I did, and there was a woman on each side of me. Each lady was holding my hands and legs, and we were opening my legs to cut me. When I realized what was going on, I sobbed hysterically, screaming, and fighting back. My mother and aunt heard me screaming, rushed into the room, and stopped the FGM.

The thought of this happening and my mom not getting there in time reinforces my commitment to educating my community on what this ritual means. As I grew older and learned more about FGM, I became increasingly passionate about advocating for the rights of women and girls who are at risk of being subjected to this practice. I have worked with organizations such as UNICEF to raise awareness about FGM and to advocate for its eradication. In addition, I have spoken publicly about my own experience with FGM in the hopes of inspiring other women to speak out and to demand an end to this harmful practice.

In conclusion, I believe that I am an ideal candidate for the Helen Lemme Scholarship. Despite the many challenges that I have faced in my life, I have remained committed to my goals and aspirations. I am passionate about pursuing a career in dentistry or perfusionism, but I am equally passionate about advocating for the rights of women and girls who are at risk of being subjected to FGM. With the support of the Helen Lemme Scholarship, I am confident that I will be able to achieve my goals and make a positive impact on my community and the world.

## Programs Participation Detail Report

Name: Maymouna Azraq Grade: 12

### Inactive Programs with Sessions

<b>Program Name:</b> Chrysalis <b>Program Session Name:</b> Chrysalis After School <b>Start Date:</b> 08/06/2018 <b>End Date:</b> 06/30/2021 <b>Eligibility Start Date:</b> <b>Eligibility End Date:</b> <b>Participation Details:</b> Not Applicable <b>Exit Reason:</b> Not Applicable <b>Program Description:</b> Not Applicable	<b>Program Category:</b> Community Partner <b>Location:</b> Not Applicable <b>Instructor:</b> Not Applicable <b>Partnering Agency:</b> Not Applicable <b>Program Manager:</b> Not Applicable <b>Comments:</b> Not Applicable <b>Status:</b> Not Applicable <b>Participation Description:</b> Not Applicable
<b>Program Name:</b> Young Women's Resource Center <b>Program Session Name:</b> Empowerment Program <b>Start Date:</b> 08/01/2018 <b>End Date:</b> 06/01/2019 <b>Eligibility Start Date:</b> <b>Eligibility End Date:</b> <b>Participation Details:</b> Not Applicable <b>Exit Reason:</b> Not Applicable <b>Program Description:</b> Not Applicable	<b>Program Category:</b> Community Partner <b>Location:</b> Not Applicable <b>Instructor:</b> Not Applicable <b>Partnering Agency:</b> Not Applicable <b>Program Manager:</b> Not Applicable <b>Comments:</b> Not Applicable <b>Status:</b> Not Applicable <b>Participation Description:</b> Not Applicable
<b>Program Name:</b> Big Brothers Big Sisters <b>Program Session Name:</b> Workplace Mentoring <b>Start Date:</b> 08/01/2017 <b>End Date:</b> 08/31/2017 <b>Eligibility Start Date:</b> <b>Eligibility End Date:</b> <b>Participation Details:</b> Not Applicable <b>Exit Reason:</b> Not Applicable <b>Program Description:</b> Not Applicable	<b>Program Category:</b> Community Partner <b>Location:</b> Not Applicable <b>Instructor:</b> Not Applicable <b>Partnering Agency:</b> Not Applicable <b>Program Manager:</b> Not Applicable <b>Comments:</b> Not Applicable <b>Status:</b> Not Applicable <b>Participation Description:</b> Not Applicable

Student Information	
<b>Student Name:</b>	Azraq, Maymouna
<b>Student Number:</b>	647319
<b>Birthdate:</b>	12/06/2004
<b>Counselor:</b>	HORTON, HEATHER
<b>Diploma Type:</b>	
<b>Diploma Date:</b>	

GPA Summary	
<b>Cumulative GPA (Weighted)</b>	3.16751
<b>Class Rank</b>	216 of 396
<b>Percentile</b>	45.45%
<b>Cumulative GPA (Unweighted)</b>	3.04569
<b>Class Rank</b>	223 of 396
<b>Percentile</b>	43.69%

Enrollment Summary		
Start/End Date	Grade	School
07/01/2017-07/23/2017	07	Merrill Middle
07/24/2017-	07	Brody Middle
07/01/2018-	08	Brody Middle
07/01/2019-07/02/2019	09	Lincoln High
07/03/2019-	09	Roosevelt High
07/01/2020-01/24/2021	10	Roosevelt High
07/01/2020-	10	Central
01/25/2021-	10	Roosevelt High
01/25/2021-	10	Virtual Campus
07/01/2021-	11	Roosevelt High
07/01/2021-07/02/2021	11	Central
07/01/2021-	11	Central
06/13/2022-06/14/2022	11	DMPs HS SS
07/01/2022-08/26/2022	12	Central
07/01/2022-01/22/2023	12	Central
07/01/2022-01/20/2023	12	Roosevelt High
01/23/2023-	12	Roosevelt High

#0136 Roosevelt High			
Course	Mark	Weight	Credit
<b>2019-2020 Grade 09 Term 1</b>			
SOC111 20th Cent World Hist S1	B	0.5000	0.5
MTH111 Algebra I S1	C	0.5000	0.5
SCI203 Biology S1	B	0.5000	0.5
LA927 Eng Lang Development V S1	C	0.5000	0.5
LA103 English I S1	C	0.5000	0.5
CTE101 Future Ready: Acad Career Plan	B	0.5000	0.5
LA213 Journalism 1	B	0.5000	0.5
<b>Credit: 3.500 GPA: 2.57143 U/W GPA: 2.57143</b>			
<b>2019-2020 Grade 09 Term 2</b>			
SOC112 20th Cent World Hist S2	B	0.5000	0.5
MTH112 Algebra I S2	B	0.5000	0.5
SCI204 Biology S2	B	0.5000	0.5
LA928 Eng Lang Development V S2	B	0.5000	0.5
LA104 English I S2	B	0.5000	0.5
BUS314 Marketing / Entrepreneurship	B	0.5000	0.5
PHY109 Total Body Fitness & Cond LI	A	0.5000	0.5
<b>Credit: 3.500 GPA: 3.14286 U/W GPA: 3.14286</b>			
<b>2020-2021 Grade 10 Term 11</b>			
SOC519 *AP Human Geography S1	B	0.5000	0.5
LA205 English II S1	B	0.5000	0.5
MTH211 Geometry S1	C	0.5000	0.5

#0136 Roosevelt High			
Course	Mark	Weight	Credit
<b>2020-2021 Grade 10 Term 11</b>			
<b>Credit: 1.500 GPA: 3.00000 U/W GPA: 2.66667</b>			
<b>2020-2021 Grade 10 Term 12</b>			
LA937 ELL Academic Skills (EN)	B	0.5000	0.5
SCI201 Environmental Science S1	B	0.5000	0.5
FCS107 Nutrition & Food Prep 1	A	0.5000	0.5
<b>Credit: 1.500 GPA: 3.33333 U/W GPA: 3.33333</b>			
<b>2021-2022 Grade 11 Term 1</b>			
MTH311 Algebra II S1	C	0.5000	0.5
LA305 English III S1	B	0.5000	0.5
PHY115 Fitness Walking	A	0.5000	0.5
SOC103 Modern US History S1	A	0.5000	0.5
<b>Credit: 2.000 GPA: 3.25000 U/W GPA: 3.25000</b>			
<b>2021-2022 Grade 11 Term 2</b>			
MTH312 Algebra II S2	B	0.5000	0.5
LA306 English III S2	A	0.5000	0.5
SOC104 Modern US History S2	A	0.5000	0.5
FCS109 Nutrition & Food Prep 2	A	0.5000	0.5
<b>Credit: 2.000 GPA: 3.75000 U/W GPA: 3.75000</b>			
<b>2022-2023 Grade 12 Term 1</b>			
LA501 *AP Eng Lang & Comp S1	C	0.5000	0.5
SCI205 Conceptual Physics S1	B	0.5000	0.5
PHY901 Contract PE	A	0.5000	0.5
SOC407 Personal Economics	B	0.5000	0.5
<b>Credit: 2.000 GPA: 3.25000 U/W GPA: 3.00000</b>			

#0185 Central			
Course	Mark	Weight	Credit
<b>2020-2021 Grade 10 Term 11</b>			
WL181 Arabic I S1	D	0.5000	0.5
<b>Credit: .500 GPA: 1.00000 U/W GPA: 1.00000</b>			
<b>2020-2021 Grade 10 Term 21</b>			
WL182 Arabic I S2	A	0.5000	0.5
<b>Credit: .500 GPA: 4.00000 U/W GPA: 4.00000</b>			
<b>2021-2022 Grade 11 Term 1</b>			
CNA3933 Adv Nurse Aide HS S1	B	1.0000	1
CNA393 Adv Nurse Aide HSC172	B	0.5000	0.5
<b>Credit: 1.500 GPA: 3.00000 U/W GPA: 3.00000</b>			
<b>2021-2022 Grade 11 Term 2</b>			
CNA3944 *Adv Nurse Aide HS S2	B	0.5000	0.5
CNA3942 *Adv Nurse Aide	B	0.1250	0.125
HSC101			
CNA3943 *Adv Nurse Aide	B	0.3750	0.375
HSC101B			
CNA394 *Adv Nurse Aide	B	0.5000	0.5
HSC182			
<b>Credit: 1.500 GPA: 4.00000 U/W GPA: 3.00000</b>			

#0185 Central			
Course	Mark	Weight	Credit
<b>2022-2023 Grade 12 Term 1</b>			
MIS241 Career Exploration A	A	0.1250	0.125
WBL100			
ECC325 Early Child Car ECE103	A	0.2500	0.25
ECC3252 Early Child Car ECE103B	A	0.2500	0.25
ECC3253 Early Child Car ECE130	A	0.1250	0.125
ECC3254 Early Child Car ECE130B	A	0.3750	0.375
ECC3255 Early Child Car ECE133	A	0.2500	0.25
ECC3256 Early Child Car ECE133B	A	0.2500	0.25
<b>Credit: 1.625 GPA: 4.00000 U/W GPA: 4.00000</b>			

#0177 Virtual Campus			
Course	Mark	Weight	Credit
<b>2020-2021 Grade 10 Term 21</b>			
SOC520 *AP Human Geography S2	C	0.5000	0.5
MTH212 Geometry S2	C	0.5000	0.5
<b>Credit: 1.000 GPA: 2.50000 U/W GPA: 2.00000</b>			
<b>2020-2021 Grade 10 Term 22</b>			
FCS103 Child Development 1	B	0.5000	0.5
LA206 English II S2	C	0.5000	0.5
SCI202 Environmental Science S2	B	0.5000	0.5
PHY115 Fitness Walking	A	0.5000	0.5
<b>Credit: 2.000 GPA: 3.00000 U/W GPA: 3.00000</b>			

In-Progress Courses	
LA502 *AP Eng Lang & Comp S2	7.500
SCI206 Conceptual Physics S2	3.500
SOC405 Government	3.500
PHY131 Innovative Fitness	4.500

Credit Summary		
HS Credits	Attempted	Earned
Algebra S1	0.500	0.500
Algebra S2	0.500	0.500
American History1	0.500	0.500
American History2	0.500	0.500
Elective	1.625	1.625
English	5.000	5.000
Financial Literacy Economics	0.500	0.500
Fine and Applied Arts	7.000	7.000
Math	2.000	2.000
Physical Education	2.000	2.000
Science	2.500	2.500
Social Studies	2.000	2.000
<b>Total</b>	<b>24.625</b>	<b>24.625</b>
<b>Total Credits</b>	<b>24.625</b>	<b>24.625</b>

**Comments**

For counselor use with students. THIS IS NOT AN OFFICIAL TRANSCRIPT. Immunizations are included with official transcripts only!

For the 20-21 school year DMPs will temporarily suspend the use of the letter grade "F" and use "Incomplete" with the expectation that students will

<b>Comments</b>
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recover learning interrupted by the Covid-19 global health crisis. Credits not recovered will remain marked as "Incomplete".
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# maymouna Azraq

Des Moines, United States  
5157182679 [maymouna@icloud.com](mailto:maymouna@icloud.com)

## Skills

Multitasking Skills

Honesty and Integrity

Patient Advocacy

Motivated Attitude

Excellent Work Ethic

Teamwork Skills

Patient Care

Medical Records

Senior Care

Dementia Care

## Languages

Arabic

English

## Employment History

**cna, luther park, Des Moines**

April 2022 – August 2022

- Grooming patients by brushing their hair, teeth, shaving them, etc.
- Feeding patients and documenting their food and liquid intake
- Checking vital signs such as blood pressure and heart rate
- Answering patient calls
- Documenting information
- Turning or moving patients
- Bathing patients

**team member, McDonalds, Des Moines**

May 2019 – November 2021

Cleaned the dishes, mopped the floor, cooked, fried, took orders, and did cashier.

## Education

**cna, dmacc, Des Moines**

August 2021 – May 2022

## Courses

**cna, dmacc**

April 2021 – May 2022



**Current Photograph**



**School/Financial Information**

**College Plans**

**Indicate choice of higher education/training**

University or College (four year)

**Name of institution(s) to which you are applying, applied or are attending.**

**List no more than three (3) in priority order**

Name	Tuition Cost	Room & Board Cost	Miscellaneous Expenses	Acceptance
drake university	49,466	11,858	4,407	I have been accepted by the school

**Name of other financial assistance for which you have made application**

**Family Financial Assistance:**

Did you complete the Family Financial Assistance Form? (i.e. FAFSA form)

How much are you expected to pay toward your college expenses? 21,894

How much are your parents/guardians, if applicable, expected to pay? 21,894

**Employment Opportunities - Do you plan to seek employment to help finance your education? Please explain.**

yes, I plan on doing work study and another side job.

## References

**Please list names and addresses of two (2) references**  
*One must be a current or former teacher (not related)*

### Reference #1 - Current or Past Teacher

Reference #1 Name younghee steenhoek

Reference #1 Relationship to Applicant teacher

Reference #1 Address 1800 Grand Ave, Des Moines, IA 50309  
des moines, iowa, 50309

Reference #1 Phone Number (515) 480-5373

Reference #1 Email Address younghee.steenhoek@dmschools.org

Reference #1 Recommendation Letter (must be signed with actual signature, no font signatures)



mimi's recommendation letter.pdf

### Reference #2 - Employer, Mentor, Pastor, Family Friend, Teacher

Reference #2 Name monica akuin

Reference #2 Address 4419 Center St, Des Moines, IA 50312  
Des Moines, IA, 50312

Reference #2 Phone Number (515) 242-7327

Reference #2 Email Address monica.akuien@dmschools.org

## Parent/Guardian Information

### First Parent/Guardian Information

Parent/Guardian Name amal idris

**March 23, 2023**

To Whom it may be concerned

This letter is to recommend Maymouna Azraq for a scholarship opportunity you are about to offer. I met Maymouna(Mimi) through a career program at Central Campus High School. The program is a dual-credited course that is offered to high school students those who dare to dream to explore their future careers. Based on her outstanding performance in class and the strong voice of her own on what it means to be an equitable leader, I strongly recommend her for the scholarship. This means a great deal because she can pursue her dream of higher education on resources like this scholarship.

Miss Azraq has a dream of being a dentist serving for people who might be struggling financially and being a woman leader in the community. Coming from an immigrant family from Africa, she knows what it means to live as a family lacking the resources. She has learned early on the education is the best tool for her to be successful and independent. I am much impressed how ambitious she is to reach this dream.

She has demonstrated her leadership in her quiet spirit to bring the regular class discussion to a rigorous learning through her diverse viewpoints in community. Coming from a minority community, Miss Azraq is also exemplary at including all students and being kind to share her knowledge and skills with everyone. Our program was much focused on the characteristics of intentional leaders such as equity, compassion, and patience. According to the observation I had for a year, she will make an excellent asset to support. Thus, I highly recommend her to be accepted in the selection you are going to make. If you need any additional information, feel free to contact me at 515-480-5373 or by email, [younghee.steenhoek@dmschools.org](mailto:younghee.steenhoek@dmschools.org).

Most truly yours,

*Younghee Steenhoek*

A handwritten signature in black ink, appearing to read 'Younghee Steenhoek', written over a horizontal line.

**Parent/Guardian Address** 1323 57th street  
des moines, Iowa, 50311

**Parent/Guardian Occupation**  
house-keeper

**Total Annual Household Income  
(including SSI, Military Benefits, FiP,  
Retirement, Pension, Child Support)** 29,000

## Second Parent/Guardian Information (if applicable)

**Parent/Guardian Name** suliman azraq

**Parent/Guardian Address** 1323 57th street  
des moines, Iowa, 50311

**Parent/Guardian Occupation**  
assemble line

**Total Annual Household Income  
(including SSI, Military Benefits, FiP,  
Retirement, Pension, Child Support)** 41,000

**Number of other dependents in the home** Children: 2 Adults: 2

**Number of other family members in the home that attend college** 1

**Relationship to Applicant** sibling

**Education History (list last school attended)**

School	Grade Point Average	Location	Dates Attended	ACT Score	SAT Score
roosevelt	3.1	4419 Center St, Des Moines, IA 50312	may, 2019	17	

\* Income must be included for application to be considered

Information in this application is confidential and shared only with members of the Scholarship Committee.

## Application Check-List

Completed applications must be submitted online or postmarked by March 22, 2021.

Contact Maria J. Barnes at [dsmdstscholarships@gmail.com](mailto:dsmdstscholarships@gmail.com). If you have not received a confirmation email one (1) week after submitting your complete application.

**Application Check-list**

Current High School Senior

Completed, signed and dated application. The

application must be typed if printed and mailed

Essay

1 Reference letter from current or past teacher

1 Reference letter from employer, mentor, pastor, family friend, teacher (cannot be related)

Official High School Transcript

Current photograph

Consent to have photograph published on Des Moines Alumnae website

## **NOTE: Incomplete applications will not be reviewed.**

**By signing and dating below:**

I certify that the information provided in this application is true, complete and accurate

I certify that I am a graduating senior

I certify that I am African-American

I certify that all statements and essays submitted are my own work

I consent to having my photograph published on the Des Moines Alumnae website

**Applicants Signature (sign using your finger or mouse)** 

**Date**

Monday, March 27, 2023

**Thank you for your interest in Delta Sigma Theta Sorority's Helen Lemme Scholarship**