



Wednesday, April 5, 2023

Des Moines Alumnae Chapter

HELEN LEMME SCHOLARSHIP APPLICATION

ATTENTION: AFRICAN AMERICAN STUDENTS

If you are a high school graduating senior and live in the toll-free calling area of Des Moines and Boone, Iowa, you are eligible to apply for this scholarship. To be considered, you **MUST** do all of the following:

1. Have a minimum cumulative GPA of 2.5
2. Submit an application online or print the application and submit a typed application via the U.S. postal service.
3. Submit two (2) letters of reference from individuals who are not relatives.
At least one letter of reference must be from a current or former teacher.
Letters should include specifics on the student's academic performance, how they adapt socially and their overall attitude about school and their future
4. Submit an **OFFICIAL** copy of your high school transcript from the registrar.
5. Copies **WILL NOT** be accepted if they state "Issued to the student." The transcript should identify your African American or Black heritage.
6. Submit a typed one page essay discussing your future plans and why you feel you deserve the Helen Lemme Scholarship. The essay should be 1 page. Essays should be typed using Times New Roman, 12-point font, and double spaced.
7. Submit a recent photograph along with the consent to publish.
8. Participate in a ZOOM interview.

If you submit your application via mail, you can mail your essay, transcript, and letters of reference to the address listed below.

You will receive a confirmation email once all parts of your application are received.

Des Moines Alumnae Chapter
Scholarship Committee Attn: Maria J. Barnes
P.O. Box 4706
Des Moines, IA 50305

The application packet must be submitted online or postmarked on or before April 15, 2022

For additional information, contact Maria J. Barnes at dsmdstscholarships@gmail.com

Only High School SENIORS Are Eligible

Student Information

Student Name	Fatima Martinez-Zavala
Student Address	214 W 4th St West Liberty, Iowa, 52776
Student Phone Number	(319) 259-4050
Student Email	fatima.martinez5913@gmail.com

Application Materials

Essay

The essay should be 1 page explaining your future plans and why you deserve the Helen Lemme Scholarship. Essays should be typed using Times New Roman, 12-point font and double spaced

Essay Upload



Essay Scholarship.pdf

School and Community Involvement (Please list and describe. You may also attach a resume or additional word document/.PDF)

Interact Club - a club for volunteering. Example: Help sell food for the Rotary Club at the West Liberty Fair (2022)

Upward Bound - College Visits, Workshops, Saturday Academies (2019-2023)

Prom Committee (2022)

Blood Drive Red Cord (2 years)

FCCLA District Meeting (December 2022)

Shop with a Cop Volunteer (December 2022)

Community Help: clean around community, children's festival, salvation army, decorating for parades)

Resume or Additional Document(s) for School and Community Involvement



Common Comet Application.pdf



Resume..pdf

Official High School Transcript



report (1).pdf

summer of eighth grade going into freshman year. I struggled ever since and that is why I work now to provide for my siblings and I because I know my mom won't be able to. My mom had just gotten into a car accident this month in March and now I don't really have support with money. I won't be able to have a graduation party due to my mom not being able to pay since she is not working due to the car accident. Not only was it my mom but as well as her boyfriend and my siblings which were all in bad conditions. Now, they're doing better but it is still hard trying to figure out how college is going to be with no help from family and just being on your own.

Fatima Martinez-Zavala

(She/Her/Hers)

(319) 259-4050 214 W 4th Street, West Liberty, IA 52776 · fatima.martinez5913@gmail.com

EDUCATION

West Liberty High School, West Liberty, IA, **3.0 / 4.0 GPA**

- High school diploma anticipated May 2023
- Senior
- Class Rank: 34 out of 85

Fall 2019-Current

Muscatine Community College, Muscatine, Iowa

Dual Enrolled Student

GPA: 3.163

Fall 2022-Current

WORK EXPERIENCE

Cashier/Stocker

Dollar General, West Liberty, IA

- Manage cash register
- Stock up new merchandise and return things back to shelf

December 2022-Current

Cleaning Apartments

Itzayana Zamorano Cleaning, Iowa city, IA

- Clean apartments get them ready for next person moving in
- Vacuum floors, deep clean stoves/ovens, refrigerators, dishwasher, and bathrooms

August 2022-August 2022

Cashier

Jeff's Market, West Liberty, IA

- Manage cash register, take money, and create change
- Clean around the store made sure everything was placed right
- Train new employees

November 2021-June 2022

ACTIVITIES AND LEADERSHIP

Student

Upward Bound, West Liberty, IA

- Participate in meetings every tuesday after school, saturday academies
- Provides fundamental support to participants in their preparation for college entrance

August 2019 - Current

Participant and Volunteer

Interact Club, West Liberty, IA

- Volunteered weekly with elementary-school students at neighborhood youth center
- Assisted students with homework and helped increase student achievement

August 2020 – Current

SKILLS AND COMPETENCIES

Technical Skills

- Google Suite Proficiency
- Bilingual in English and Spanish

Professional Competencies

- Strong skills in written communication, empathy, teamwork, and creative problem-solving

AWARDS AND INTERESTS

- West Liberty High School Honor Roll (2019-2023)
- Upward Bound (4 years)
- Blood Drive Red Cord (2 years)
- FCCLA District Meeting (December 2022)
- Shop with a Cop Volunteer (December 2022)

Fatima Martinez-Zavala

(She/Her/Hers)

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References:

Meredith Schanz

West Liberty High School Teacher

(319) 627-2115 Ext. 5036

mschanz@wl.k12.ia.us

Laritza Zavala

Mercy Medical Assistant

(319) 627-2131

laritza.yamilet@gmail.com

Sarah Harvey

West Liberty High School Teacher

(319) 627-2115 Ext. xxxxx

sharvey@wl.k12.ia.us



West Liberty High School
Common Comet Scholarship Application

Name: Fatima Martinez-Zavala	Phone: (319) 259-4050
Address: 214 W 4th St, West Liberty, IA 52776	
Email Address: fatima.martinez5913@gmail.com	

Parents' Name/s: Mother: Angelica Zavala Step-Father: Samuel Estrada
Parents' Occupation/s: Mother: P&G/Food Truck Step-Father: UE(Uriel Escarcega Concrete)

G.P.A.: 3.085	Class Rank: 35 out of 82	ACT Composite: N/A
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List Advanced Placement Courses Taken:	List Dual Credit Courses Taken: AGS-119 - Advanced Animal Science AGH-221 - Advanced Horticulture SDV-114 - Strategies for Academic Success FIN-1040 - Personal Finance (Financial Skills for Smart Living)
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Which college will you attend? Kirkwood Community College
What is your desired major? Medical Assistant

Are you a first generation college student? Yes



**West Liberty High School
Common Comet Scholarship Application**

Please list any activities and volunteer work that you have been involved in outside of school.

Organization	Activity	Dates	Responsibilities
1. St. Josephs/Catechism	Community Service	2017-2020	Help around the community and help at other events

Please list extracurricular activities that you have been involved in.

Activity:	Dates
1. Interact Club - a club for volunteering. Example: Help sell food for the Rotary Club at the West Liberty Fair	2022
2. Upward Bound - College Visits, Workshops, Saturday Academies	2019-2023
3. Prom Committee	2022
4. Blood Drive Red Cord	2 years
5. FCCLA District Meeting	December 2022
6. Shop with a Cop Volunteer	December 2022

Please list any work experience that you have had:

Place of Employment	Dates	Responsibilities
Jeff's Market	November 2021-June 2022	Cashier Clean the store Stock and organize

Dollar General	December 2022-Present	Count money Register and stocking
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Please list any honors or offices that you have held within school or outside of school.

Honor or Office Held	Date
West Liberty High School Honor Roll	2019-2022
West Liberty High School Principal's Honor Roll	2022-2023

1. Why do you need this scholarship? How do you plan to use it?

I need this scholarship because I want to go to college and be a medical assistant. I plan to use this scholarship on things for college to help me without me needing to pay the full amount out of pocket. No matter what amount of money I get, I plan to use it all for college for books that I'll be needing in classes, tuition, or other related expenses. I also plan on maybe living on campus since the college I plan on going to is about a 45 minute drive. Gas is quite expensive so maybe the money I receive from this scholarship could help with expenses of living on campus. I recently went to go check out some apartments and I plan on staying in Cedar Rapids so maybe this money could help with that as well. I just started working and I'll be doing that over there so I can have extra money for myself and with the scholarship spend it on things needed for college.

2. Share any family history or data that would be helpful in obtaining this scholarship.

When I was a freshman, I went through a lot. For example, my dad was deported and I had to go live at my mom's house. Since he was deported, my mom had to be responsible for my siblings and I, which is four of us in total. She had a very hard time, especially since her job wouldn't really assign her days so it was quite difficult. We struggled with money most of the time.

In December of 2020, I went with my step-father to help him out with shoveling snow and the money I earned I would use it towards my siblings because I really care for them and I would use some of the money for myself as well. When my parents would offer me money "just because," I would decline it because I know they need it and I don't think I would spend wisely. Later on, I saw they were struggling and I decided to work and pay for my phone bill and give them money for house bills.

This is why I feel I should earn this scholarship – my family really struggles with covering the essentials, so I know they don't have money for my college. I want to go to college to pursue the career I want to do and help them out how they helped me when I was younger. My parents came from Mexico to seek out better opportunities for our family. A reason for going to college is so that I can give them everything and I know they want me to keep going because they know I can do it and believe in me. As you can imagine, I went through depression when my dad was deported and I had to do most things on my own because he wasn't here to help me out and I just had to deal with it. I still struggle to this day but I do my best because my dad has always told me "no matter what's going on you keep moving ahead and work your ways to doing your best". My dad had a punishment for a couple years and once my brother turns 21 we are

going to start fixing his papers and I since I'm going to college to do what I want to do for my life which is be a medical assistant. All the hard work I've done my whole life is just amazing, I like to be recognized for the work I do. I was going through hard times recently and also when I was living with my mo due to the fact that my dad was deported and it's hard sometimes dealing with everything including my past. I've tried committing suicide but what stopped me was my dad, sister, brothers because I care for them and how they feel and I don't think they would be well if I really did. Another thing is my future because I want to be a Medical Assistant something that I've worked so hard for. I still have hard sometimes and I try to deal with them like something that I've gotten was tremors where I start shaking or trembling. I also would get very bad headaches and get really dizzy but I try controlling it. My aunt had told me I get these from strong emotions and stressing. I do remember stressing with homework because I don't want any assignments missing so I try to stay caught up. Now I just hope everything goes good in college and am able to afford for college without using money from out of pocket. I am glad that people and organizations are able to provide money for us students looking forward to pursue our future career.

3. Tell us about your strengths and personal qualities that make you who you are.

Some strengths and personal qualities that make me who I am are like being responsible, helpful, and caring. I stay caught up on all my homework, I get my things done on time and turn them in. I usually never have any assignments missing so I am all set. I also enjoy helping others and making sure they're all caught up in class so they can pass. I make sure I'm passing but my classmates as well by explaining to them when they don't understand what the teacher had said or taught in the lesson given that day. Caring is another strength I make sure everyone is doing good people that I am really close to and myself as well I am doing good. It's always good to check up on people so they know you care for them and they know that they have someone to be there for me.

Two personalities I have are honesty and friendly. I am really honest and will be straightforward because honesty is a good thing because you can be trusted by others when you're honest. I am also really friendly when you get to know me. I will be there for anyone who is in need of someone to be by their side. I get told I am a good person and that I give good advice and I appreciate it. Honesty is always good and I am also loyal and respect people and what they do.

4. What is the purpose behind furthering your education?

My parents didn't get to go to college and they came to the United States to give us everything they didn't have at our age. Now I am soon to graduate so I want to thank them for where I'm at now and plan to go to college to be what I want to be which is a Medical Assistant. I don't only want to do this for them but for myself as well. I want to go to Kirkwood to be a Medical


Assistant then still undecided if I'm going to transfer to Saint Ambrose University or the University of Iowa. I look up to my aunt Lartiza that is currently a medical assistant at the Mercy Clinic in West Liberty. She motivates me to do my best and pushes me to get my work done and that my grades are good. She checks up on me on how I'm doing not only in school but life as well. Someone else who motivates me to where I'm at now is my dad he is always making sure I'm caught up on all my things and when I am feeling stressed I go to hi for advice and he just keeps my head up.

West Liberty High School Transcript

School Code: 0109 Tel: (319)627-2115 Fax: (319)627-2046
 310 W MAXSON AVENUE, WEST LIBERTY, IA 52776

Martinez-Zavala, Fatima

Student Number: 23173 Grade: 12
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Student Information						#0109 West Liberty High School				Activity Courses																																																																																								
 <p>Student Number: 23173 Grade: 12 Birthdate: 03/24/2005 Gender: F Diploma Date:</p>						Course	Mark	Weight	Credit		21-22 West Liberty High School																																																																																							
						2020-2021 Grade 10 Term 1 229 English 2 - A A 1.0000 1 11 Integrated Science B A- 1.0000 1 39 Math 1 B A 1.0000 1 201 Spanish Speakers 1 - B B+ 1.0000 1 Credit: 4.000 GPA: 3.750				439 Interact Fall Athletics 22-23 West Liberty High School 439 Interact Fall Athletics																																																																																								
<p>GPA Summary</p> <p>Cumulative GPA (Weighted) 3.163 Class Rank 34 of 82 Percentile 58.54%</p>						2020-2021 Grade 10 Term 2				Standard Tests																																																																																								
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Credit Summary		
Social Studies	Attempted Earned	
World History Part 2	1.000	1.000
Total	5.000	5.000
Total Credits	52.000	47.000

Current Photograph



School/Financial Information

College Plans

Indicate choice of higher education/training

Community College

Name of institution(s) to which you are applying, applied or are attending.

List no more than three (3) in priority order

Name	Tuition Cost	Room & Board Cost	Miscellaneous Expenses	Acceptance
Kirkwood Community College	\$12,400	\$5,940	\$1,000	I have been accepted by the school

Name of other financial assistance for which you have made application

Family Financial Assistance:

Did you complete the Family Financial Assistance Form? (i.e. FAFSA form)

Yes

How much are you expected to pay toward your college expenses?

\$7,000

How much are your parents/guardians, if applicable, expected to pay?

\$0

Other Scholarships and Grants: (List all those for which you have applied. Upload additional document if necessary)

Scholarship/Grant (List Iowa tuition and grants. i.e. Pell or other scholarships)	Requested Amount	Awarded Amount	What does it cover? (i.e. tuition, room & board, other)	Have you been notified that amount was awarded
N/A				no

Employment Opportunities - Do you plan to seek employment to help finance your education? Please explain.

Yes, because I don't have money to afford college but I really want to go so I can be a Medical Assistant.

References

Please list names and addresses of two (2) references
One must be a current or former teacher (not related)

Reference #1 - Current or Past Teacher

Reference #1 Name

Andrea Shultice

Reference #1 Relationship to Applicant

School Counselor

Reference #1 Address

310 W. Maxson Ave
West Liberty, Iowa, 52776


Reference #1 Phone Number

(319) 627-2115

Reference #1 Email Address

ashultice@wl.k12.ia.us

Reference #1 Recommendation Letter (must be signed with actual signature, no font signatures)


FMZ Recommendation Letter.pdf

Reference #2 - Employer, Mentor, Pastor, Family Friend, Teacher

Reference #2 Name

Melanie Clark

Reference #2 Address

310 W. Maxson Ave.
West Liberty, Iowa, 52776

Reference #2 Phone Number (319) 627-2115

Reference #2 Email Address mclark@wl.k12.ia.us

Reference #2 Recommendation Letter (must be signed with actual signature, no font signatures)

doc06033320230307143230... .pdf

Parent/Guardian Information

First Parent/Guardian Information

Parent/Guardian Name Angelica Zavala

Parent/Guardian Address 2100 South Scott Blvd #53
Iowa City, Iowa, 52240

Parent/Guardian Occupation
Procter and Gamble (not working at the moment due to an accident)

Total Annual Household Income (including SSI, Military Benefits, FiP, Retirement, Pension, Child Support) 0

Second Parent/Guardian Information (if applicable)

Parent/Guardian Name Samuel Estrada

Parent/Guardian Address 2100 South Scott Blvd #53
Iowa City, Iowa, 52240

Parent/Guardian Occupation
UE(Uriel Escarcega Concrete)

Total Annual Household Income (including SSI, Military Benefits, FiP, Retirement, Pension, Child Support) N/A

Number of other dependents in the home Children: 3 Adults: 2

Number of other family members in the home that attend college 1

Relationship to Applicant First: mother Second: step-father

Education History (list last school attended)

School	Grade Point Average	Location	Dates Attended	ACT Score	SAT Score
West Liberty High School	3.163	West Liberty, Iowa	2019-2023	N/A	N/A

* Income must be included for application to be considered



West Liberty High School

310 W. Maxson Ave., West Liberty, IA 52776-1039
Phone: 319-627-2115 • Fax: 319-627-2046
www.wl.k12.ia.us/wlhs

March 30, 2023

To Whom It May Concern:

I would like to recommend Fatima Martinez-Zavala of West Liberty High School's Class of 2023 for your scholarship. Fatima ranks 34th in her class of 82 with a GPA of 3.16. She had particularly strong academic performance her freshman and senior years, with respective GPAs of 3.88 and 3.91. As with many other students here and elsewhere, she struggled academically during the pandemic during her sophomore and junior years. Seeing her recovery this year return to what she already knew she was capable of has been really fun to watch. Fatima is intellectually sharp, detail-oriented, resilient, and a great leader among her peers.

I have had the pleasure of being Fatima's high school counselor as well as teaching her in a dual credit course called Strategies for Academic Success. As a student, Fatima's work ethic, dependability, and attention to detail consistently impressed me. I always knew I could count on Fatima to get her work done and to do it well. What made her stand out from her peers was how she not only did the work, she seemed to understand how it applied to her life outside the classroom. Also rare was that she did not just "get" the material better; she was a real leader in the classroom. She helped her classmates see how it applied to them as well. It made for a really great learning environment for the whole class, and I was so grateful to have her in there. In the time since the class ended, she has been a bridge for her classmates, bringing them to me for help with postsecondary planning, emotional and social struggles, and academic support. I have been able to reach more students because Fatima cared and took the initiative to connect them with their resources here at school.

As her counselor, I know that Fatima has experienced significant challenges outside of school, and yet she has not let these barriers stand in the way of her academic success. She is resourceful, resilient, and determined. I also see Fatima as a real leader, which I am not sure she would say about herself and might not be evident in her other application materials. It's not an "out front" style of leadership, but one that leads by example and draws on close relationships to bring others towards their own goals. I first noticed it in the classroom, but then I started to see evidence in her personality and in the way she contributes to the school environment. She is a good friend and classmate and I see her frequently checking in on others, helping them stay on track, and making sure they're understanding what's expected of them in school and in general. Fatima wants to be a medical assistant and she will no doubt succeed with that coursework. I see so much untapped potential in her; she can go as far in life as she chooses to pursue. I hope you will consider her for your scholarship. I have every confidence that she will be successful academically and be a kind, helpful, productive member of the community with whatever path she takes.

Sincerely,

Andrea Shultice
High School Counselor
West Liberty High School

Phone: (319) 627-2115, ext. 5004

Email: ashultice@wl.k12.ia.us



West Liberty High School

310 W. Maxson Ave., West Liberty, IA 52776-1039

Phone: 319-627-2115 • Fax: 319-627-2046

www.wl.k12.ia.us/wlhs

March 2, 2023

Dear Sir or Madam:

Please consider Fatima Martinez-Zavala as an excellent candidate for your Scholarship. Fatima's hard work and dedication to academics and her leadership role within the school community are evidence of her enthusiastic attitude and dedication to hard work.

Throughout her years at West Liberty High, Fatima has been a leader academically within my classroom and within the school community. Fatima has taken many rigorous courses at WLHS, in addition to her participation in multiple clubs. As her instructor for World History and her academic advisor, I am well aware of the work ethic and dedication that was brought to my class. Her work ethic was evident in the assignments that were submitted for review and the advanced work she prepared for her other classes. She has taken Advanced Animal Science, Advanced Horticulture and Strategies for Academic Success (concurrent enrollment) from Eastern Iowa Community College. Fatima also has taken Personal Finance for college credit. Fatima has committed herself to her studies, while being simply a nice person to have in class or meet while walking in the community.

Fatima has a very strong work ethic and in many ways is detail oriented, both qualities that make her a good student and employee. Fatima has shown a great deal of dedication to her studies and has purposefully taken courses that have her prepared to exceed expectations in college. It should be noted that Fatima has earned the place on the Honor Roll. Additionally, Fatima is an active member of Interact Club (Rotary Club) and Upward Bound, organizations that promote college and civic engagement. Fatima also volunteered to be on the Prom Committee.

I have no doubt that Fatima will be very successful in college and will be a valuable asset in the future. Her plan is to be a Medical Assistant and I truly believe that Fatima would be a great candidate for this scholarship opportunity.

Sincerely,

Melanie Clark
WLHS History teacher

Information in this application is confidential and shared only with members of the Scholarship Committee.

Application Check-List

Completed applications must be submitted online or postmarked by March 22, 2021.

Contact Maria J. Barnes at dsmdstscholarships@gmail.com. If you have not received a confirmation email one (1) week after submitting your complete application.

Application Check-list

Current High School Senior

Essay

1 Reference letter from current or past teacher

1 Reference letter from employer, mentor, pastor, family friend, teacher (cannot be related)

Official High School Transcript

Current photograph

Consent to have photograph published on Des Moines Alumnae website

NOTE: Incomplete applications will not be reviewed.

By signing and dating below:

I certify that the information provided in this application is true, complete and accurate

I certify that I am a graduating senior

I certify that I am African-American

I certify that all statements and essays submitted are my own work

I consent to having my photograph published on the Des Moines Alumnae website

Applicants Signature (sign using your finger or mouse)

Date

Wednesday, April 5, 2023

Thank you for your interest in Delta Sigma Theta Sorority's Helen Lemme Scholarship