



Friday, March 31, 2023

Des Moines Alumnae Chapter

HELEN LEMME SCHOLARSHIP APPLICATION

ATTENTION: AFRICAN AMERICAN STUDENTS

If you are a high school graduating senior and live in the toll-free calling area of Des Moines and Boone, Iowa, you are eligible to apply for this scholarship. To be considered, you **MUST** do all of the following:

1. Have a minimum cumulative GPA of 2.5
2. Submit an application online or print the application and submit a typed application via the U.S. postal service.
3. Submit two (2) letters of reference from individuals who are not relatives.
At least one letter of reference must be from a current or former teacher.
Letters should include specifics on the student's academic performance, how they adapt socially and their overall attitude about school and their future
4. Submit an **OFFICIAL** copy of your high school transcript from the registrar.
5. Copies **WILL NOT** be accepted if they state "Issued to the student." The transcript should identify your African American or Black heritage.
6. Submit a typed one page essay discussing your future plans and why you feel you deserve the Helen Lemme Scholarship. The essay should be 1 page. Essays should be typed using Times New Roman, 12-point font, and double spaced.
7. Submit a recent photograph along with the consent to publish.
8. Participate in a ZOOM interview.

If you submit your application via mail, you can mail your essay, transcript, and letters of reference to the address listed below.

You will receive a confirmation email once all parts of your application are received.

Des Moines Alumnae Chapter
Scholarship Committee Attn: Maria J. Barnes
P.O. Box 4706
Des Moines, IA 50305

The application packet must be submitted online or postmarked on or before April 15, 2022

For additional information, contact Maria J. Barnes at dsmdstscholarships@gmail.com

Only High School SENIORS Are Eligible

Student Information

Student Name	Nyah Rouse
Student Address	1406 NW Campus Dr. Ankeny, IA , 50023
Student Phone Number	(515) 777-5733
Student Email	nyahrae@gmail.com

Application Materials

Essay

The essay should be 1 page explaining your future plans and why you deserve the Helen Lemme Scholarship. Essays should be typed using Times New Roman, 12-point font and double spaced

Essay Upload



Rouse Essay_2023 Helen Le... .pdf

School and Community Involvement (Please list and describe. You may also attach a resume or additional word document/.PDF)

Please see attached resume.

Resume or Additional Document(s) for School and Community Involvement



Nyah Rouse Resume 2023.pdf

Official High School Transcript



Rouse Official Transcript.pdf

Current Photograph



Delta Sigma Theta Sorority, Inc. Des Moines Alumnae Chapter
Helen Lemme Scholarship Essay
Nyah Rouse, 2023 Scholarship Candidate

In the fall I will be attending Drake University to major in psychology with a minor in sociology. I'm especially proud to become a bulldog because my mother is a graduate of Drake. As a high school student, I've already had the opportunity to explore psychology by taking DMACC courses like Introduction to Psychology, AP psychology and currently abnormal psychology. These courses helped me recognize my passion for mental health.

My career goal is to work in an elementary setting with students, specifically as a school counselor or a clinical psychologist for kids with challenges including social anxiety and all the challenges school children face. I have always seen myself working with kids, and working for Ankeny Community Schools' Before and After School program has confirmed that I've chosen the right path.

I personally struggle with social anxiety which began as an elementary student experiencing social situations where I felt isolated as the only black person. I found myself the only black student in my classes and in many of the activities I participated in like competitive dance, baton twirling, volleyball and leadership camps. I've worked hard to challenge myself to step through the fear to take advantage of the new opportunities I encounter but it's not always easy.

The Helen Lemme Scholarship would allow me to reduce the amount of loans I'll require to attend and graduate from Drake University. More importantly, this scholarship will lift me closer to being a person that will make a difference in the mental health challenges we now see forming in younger children.

I appreciate your consideration of my application and your generosity to Des Moines Area college-bound students.

Nyah Rouse

1406 NW Campus Dr. • Ankeny, IA 50023
515.777.5733 • nyahrae@icloud.com

Career Objective Attend Drake University beginning 2023. Earn a Bachelor of Psychology with a Sociology minor. Earn a Masters in Counseling from Drake University School of Education. I'd like a career with a school district counseling elementary-aged students managing stress and social anxiety.

Academic Highlights

- Ankeny Centennial High School, June 2023 anticipated Graduation
- Current GPA: 3.76
- A.P. and DMACC credited Courses include: AP Statistics, Abnormal Psychology, AP Psychology, Sociology, French 4, Intro to Engineering, Intro to Construction, and Honors Algebra
- Spirit of the Jaguar Award, Ankeny Centennial High School 2022
- Ankeny Centennial Academic Letter Award – 2022, 2021, anticipated 2023
- CIML Academic Athletic Award – 2020, 2022, 2023, anticipated 2023

Extra Curricular Activities

- 2023 Alpha Kappa Alpha Scholarship Cotillion. Participation includes completing various community service projects, educational seminars including financial literacy, and preparation for college.
- Ankeny Centennial Volleyball Team – Libero, Freshman & Sophomore participation ended due to a severe concussion during a club team tournament
- Ankeny Centennial Tennis Team – JV2 Freshman & Sophomore, Varsity Junior, Anticipated Varsity/JV1 Senior
- PRAY – Prairie Ridge Church youth group. I've been attending since I was in 5th grade. Community service projects are completed each year.
- Iowa Power Volleyball Alliance – Club volleyball 14U and 15U competitive volleyball team. Starting libero. Suffered a severe concussion January 2021 at a tournament in Omaha. Physical therapy for 5 months and ultimately retired from competitive volleyball.

Work Experience

Ankeny Community School District, Ankeny, IA (August 2022 – Present)

Before and After School Staff

Responsibilities include maintaining a safe space for students, checking students in/out of program with parents and guardians, and supervising activities.

WAGS, Pet Resort, Ankeny, IA (July 2021 – Dec 2021)

Resort Staff

Responsibilities included supervising pet interaction, feeding and exercising pets, cleaning and maintain a clean and safe environment. Conflicts with spring sport schedule lead to my resignation.

Ankeny Centennial High School Official Transcript

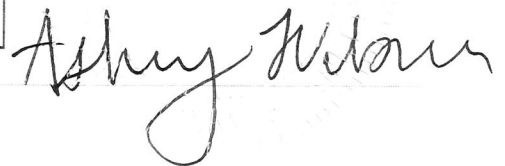
Tel: (515)965-9610 Fax: (515)964-5070
2220 NW STATE ST, ANKENY, IA 50023-1428

Rouse, Nyah Ranice

Student Number: 3008009 Grade: 12
1406 NW CAMPUS DR, ANKENY, IA 50023
Generated on 03/30/2023 08:13:17 AM Page 1 of 1

Student Information				#0118 Ankeny Centennial High School				Comments
Student Number:	Grade:	Birthdate:	Gender:	Course	Mark	Weight	Credit	PLEASE CONTACT CENTENNIAL HIGH SCHOOL AT 515-965-9610.
3008009	12	04/25/2005	F	2020-2021 Grade 10 Term 2				
Diploma Type:		Diploma Date:		SCI201S2 Biology S2	A	1.0000	1	
Not Applicable				ELA201S2 English 10 S2	B+	1.0000	1	
				MLA301S2 French III S2	B	1.0000	1	
GPA Summary				MAT303S2 Honors Algebra II S2	B+	1.0000	1	
Cumulative GPA (Weighted)	3.767			PEH206S2	A	0.5000	0.5	
Cumulative GPA (Unweighted)	3.617			IndividualDualActivities S2				
				FCS204 Interior Design	A	1.0000	1	
				SST201S2 World History S2	A	1.0000	1	
				Credit: 6.500 GPA: 3.640 U/W GPA: 3.640				
				2021-2022 Grade 11 Term 1				
#0224 Northview Middle School				ELA301S1 English 11 S1	A-	1.0000	1	
Course	Mark	Weight	Credit	MLA501S1 French IV S1	B	1.0000	1	
2018-2019 Grade 08 Term 1				PEH206S1	A	0.5000	0.5	
PEH101S1 8th-9th P.E. S1	A	0.5	0.5	IndividualDualActivities S1				
MAT101S1 Algebra I S1	A	1	1	SCI305 Physics	A	1.0000	1	
MLA101S1 French I S1	A	1	1	SST303 Psychology	A-	1.0000	1	
Credit: 2.500 GPA: 0.0000 U/W GPA: 0.0000				MAT501S1 Trigonometry/Pre-Calculus S1	B+	1.0000	1	
				SST301S1 United States History S1	B	1.0000	1	
				Credit: 6.500 GPA: 3.795 U/W GPA: 3.488				
				2021-2022 Grade 11 Term 2				
2018-2019 Grade 08 Term 2				SCI304 Chemistry	A	1.0000	1	
PEH101S2 8th-9th P.E. S2	A	0.5	0.5	ELA301S2 English 11 S2	B+	1.0000	1	
MAT101S2 Algebra I S2	A	1	1	MLA501S2 French IV S2	B	1.0000	1	
MLA101S2 French I S2	A	1	1	PEH206S2	A	0.5000	0.5	
Credit: 2.500 GPA: 0.0000 U/W GPA: 0.0000				IndividualDualActivities S2				
				SST304 Sociology I	B+	1.0000	1	
				MAT501S2 Trigonometry/Pre-Calculus S2	B	1.0000	1	
				SST301S2 United States History S2	B	1.0000	1	
				Credit: 6.500 GPA: 3.640 U/W GPA: 3.332				
2019-2020 Grade 09 Term 1				2022-2023 Grade 12 Term 1				
PEH101S1 8th-9th P.E. S1	A	0.5000	0.5	SST607S1 AP Psychology S1	A-	0.5000	0.5	
SST101S1 9th Global Studies S1	A-	1.0000	1	MAT603S1 AP Statistics S1	C	1.0000	1	
PEH151S1 9th Health S1	A	0.5000	0.5	SCI203 Astronomy	A	1.0000	1	
SCI101S1 Earth & Space S1	B+	1.0000	1	ELA401 Composition 12	A-	1.0000	1	
ELA101S1 English 9 S1	A-	1.0000	1	SST402 Economics	B	1.0000	1	
MLA201S1 French II S1	B+	1.0000	1	PEH206S1	A	0.5000	0.5	
MAT201S1 Geometry S1	A	1.0000	1	IndividualDualActivities S1				
CTE506S1 Intro to Engineering Design S1	A-	1.0000	1	PEH251 Recreational Health	A	1.0000	1	
FCS101 Intro to Foods	A	1.0000	1	SST401 United States Government	A	1.0000	1	
Credit: 8.000 GPA: 3.834 U/W GPA: 3.709				Credit: 7.000 GPA: 3.715 U/W GPA: 3.501				
2019-2020 Grade 09 Term 2				Comments				
PEH101S2 8th-9th P.E. S2	A	0.5000	0.5	Weighted grades are determined with a 5.0 grading scale. All other courses are based upon a 4.0 scale. Courses with a 0 in the Weight column are not figured into the GPA. The courses listed in the credit summary reflect only the courses attempted and may not reflect all graduation requirements.				
SST101S2 9th Global Studies S2	A	1.0000	1	AU = audit				
PEH151S2 9th Health S2	A	0.5000	0.5	AW = Administrative Withdrawal				
SCI101S2 Earth & Space S2	A	1.0000	1	EX = excused				
ELA101S2 English 9 S2	B+	1.0000	1	P = pass				
MLA201S2 French II S2	A-	1.0000	1	W = Withdrawal				
MAT201S2 Geometry S2	A	1.0000	1	PLEASE MAKE SURE THAT YOU CHECK THE TRANSCRIPT FOR ACCURACY. IF YOU FIND AN ERROR,				
CTE103 Intro to Construction	A	1.0000	1					
CTE506S2 Intro to Engineering Design S2	A-	1.0000	1					
Credit: 8.000 GPA: 3.959 U/W GPA: 3.834								
#0118 Ankeny Centennial High School								
Course	Mark	Weight	Credit					
2020-2021 Grade 10 Term 1								
MAT301S1 Algebra II S1	A	1.0000	1					
CTE209 Beginning House Design	A	1.0000	1					
SCI201S1 Biology S1	A	1.0000	1					
ELA201S1 English 10 S1	B-	1.0000	1					
MLA301S1 French III S1	A-	1.0000	1					
PEH206S1	A	0.5000	0.5					
IndividualDualActivities S1								
CTE210 Industrial CAD 1	A	1.0000	1					
SST201S1 World History S1	A-	1.0000	1					
Credit: 7.500 GPA: 3.735 U/W GPA: 3.735								

Official's Signature



School/Financial Information

College Plans

Indicate choice of higher education/training

University or College (four year)

Name of institution(s) to which you are applying, applied or are attending.

List no more than three (3) in priority order

Name	Tuition Cost	Room & Board Cost	Miscellaneous Expenses	Acceptance
Drake University	\$51,000	\$11,000	\$2,000	I have been accepted by the school

Name of other financial assistance for which you have made application

Family Financial Assistance:

Did you complete the Family Financial Assistance Form? (i.e. FAFSA form)

Yes

How much are you expected to pay toward your college expenses?

100%

How much are your parents/guardians, if applicable, expected to pay?

100%

Other Scholarships and Grants: (List all those for which you have applied. Upload additional document if necessary)

Scholarship/Grant (List Iowa tuition and grants. i.e. Pell or other scholarships)	Requested Amount	Awarded Amount	What does it cover? (i.e. tuition, room & board, other)	Have you been notified that amount was awarded
Drake Presidential Scholarship	\$27,000	\$26,000	Tuition	yes
Drake Crew Scholars Scholarship	NA	\$500	Tuition	yes
Drake Legacy Scholarship	\$2,500	\$2,500	Tuition	yes
AKA Scholarship Cotillion	NA	Under Consideration	Tuition	no



**Delta Sigma Theta Sorority, INC.
Des Moines Alumnae Chapter**

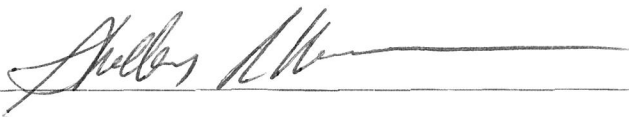


Helen Lemme/Eleanor Archer Legacy Scholarship

.....
CONSENT TO PHOTOGRAPH

I, Shelley Rouse, give permission for my son/daughter, Nyah Rouse, to be photographed and/or videotaped. My signature consent to the use of his/her likeness in any publication, educational, advertising, news media, and World Wide Web materials that the Delta Scholarship Programs may utilize and produce.

I understand and agree that such materials, including all negatives, positives, digital images, and prints shall become and remain the sole property of Delta Scholarship Programs and I shall have no right or title to such items. I further understand and agree that these materials may be kept on file and used by the Delta Scholarship Programs for potential future use. I agree to release Delta Scholarship Programs for any and all liability arising or in connection with the taking, use, publication, or dissemination of such materials. Copies of these photos may be distributed to the parent upon request.

Parent/Guardian Signature: 
Date: 3/31/23

Reference #2 - Employer, Mentor, Pastor, Family Friend, Teacher

Reference #2 Name Kathy Sibbel

Reference #2 Address 1401 NW Campus Dr.
Ankeny, IA, 50023

Reference #2 Phone Number (515) 249-4873

Reference #2 Email Address kid1kat@aol.com

**Reference #2 Recommendation Letter
(must be signed with actual signature,
no font signatures)**



Rouse Sibbel Recommendati... .pdf

Parent/Guardian Information

First Parent/Guardian Information

Parent/Guardian Name Shawn Rouse

Parent/Guardian Address 1406 NW Campus Dr
Ankeny, IA, 50023

Parent/Guardian Occupation

Director, Purchasing
APC, Inc.

**Total Annual Household Income
(including SSI, Military Benefits, FiP,
Retirement, Pension, Child Support)** \$110,000

Second Parent/Guardian Information (if applicable)

Parent/Guardian Name Shelley Rouse

Parent/Guardian Address 1406 NW Campus Dr
Ankeny, IA, 50023

Parent/Guardian Occupation

Communications Assistant
Ankeny Community School District

**Total Annual Household Income
(including SSI, Military Benefits, FiP,
Retirement, Pension, Child Support)** \$40,000

**Number of other dependents in the
home**

Children: 1

Adults: 1

**Number of other family members in
the home that attend college**

NA

**Education History (list last school
attended)**

School	Grade Point Average	Location	Dates Attended	ACT Score	SAT Score
Ankeny Centennial High School	3.76	Ankeny, IA	08/2019 - 05/2023	23	

* Income must be included for application to be considered

Information in this application is confidential and shared only with members of the Scholarship Committee.

Application Check-List

Completed applications must be submitted online or postmarked by March 22, 2021.

Contact Maria J. Barnes at dsmdstscholarships@gmail.com. If you have not received a confirmation email one (1) week after submitting your complete application.

Application Check-list

Current High School Senior

Completed, signed and dated application. The application must be typed if printed and mailed

Essay

1 Reference letter from current or past teacher

1 Reference letter from employer, mentor, pastor, family friend, teacher (cannot be related)

Official High School Transcript

Current photograph

Consent to have photograph published on Des Moines Alumnae website

NOTE: Incomplete applications will not be reviewed.

By signing and dating below:



ANKENY
CENTENNIAL
HIGH SCHOOL

Ankeny Centennial High School
2220 NW State Street
Ankeny, IA 50023

February 8, 2023

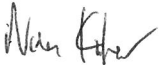
To Whom It May Concern,

It is my pleasure to serve as a reference for Nyah Rouse, whom I have taught in my *Relationships in Reality* class this semester. She has a positive attitude and is very conscientious about her academic responsibilities. She is a trustworthy, reliable, good-humored student and friend who supports others in and out of the classroom.

I am confident that she will continue to display the same commitment and diligence in everything she does. Nyah demonstrates a growth mindset and helps contribute to our classroom environment as one where all students can feel supported and able to ask questions.

Please feel free to contact me with any further questions.

Sincerely,

Nina J. Kyler


Nina J. Kyler, MS Ed, MA
nina.kyler@ankenyschools.org
515-965-9610

Kathy Sibbel
1401 NW Campus Dr.
Ankeny, IA
kid1kat@aol.com
515-249-4873

March 25, 2023

To whom it may concern:

I am writing to recommend Nyah Rouse for the Helen Lemme Sscholarship consideration.

I have know Nyah since she was in preschool and it has been my pleasure to watch her grow up to be the wonderful young woman that she is today. She has been involved in several school activities during her high school years and I was delighted when she chose to attend the Rotary Youth Leadership Award (RYLA) conference last summer..

Nyah is a very good student and has also been a very responsible person when it comes to being part of our neighborhood. Helping neighbors with child care, pet care, plant care, and checking on homes when people are away. She is quiet but responsible and has a great personality.

As Nyah enters the next phase of education I highly recommend that she be considered for scholarship consideration, she will definitely represent herself, her family , and her school to the best of her ability. I want to add my best wishes and support to this wonderful young lady.

Sincerely,

Kathy Sibbel

I certify that the information provided in this application is true, complete and accurate

I certify that I am a graduating senior

I certify that I am African-American

I certify that all statements and essays submitted are my own work

I consent to having my photograph published on the Des Moines Alumnae website

Applicants Signature (sign using your finger or mouse) 

Date Friday, March 31, 2023

Thank you for your interest in Delta Sigma Theta Sorority's Helen Lemme Scholarship